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## YMCA Camp Kresge Group Assessment

Please take a few minutes to answer the following questions. Your responses will help us to tailor your Team Building experience to your group goals and needs. Please return this either via email to [Devin.polhemus@wbymca.org](mailto:Devin.polhemus@wbymca.org) by mail to YMCA Camp Kresge, 382 Camp Kresge Lane, White Haven PA 18661.

Group Name: \_\_\_\_\_

Visit Date: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Total Number of Participants\*: \_\_\_\_\_

\*NOTE: Groups larger than 15 will typically be broken into two or more separate groups for Low Ropes/Team Building. If you have concerns about this, please contact Devin Polhemus, Camp & Conference Director

### 1. Goals:

What is the purpose for your group?

What are your goals for your participation in YMCA Camp Kresge's Ropes Course Program? Are there any specific skills that you would like them to learn?

Do you have a particular theme that you are focusing on during your day program or retreat here?

Do the participants have experience working as a group? Setting goals together?

What is their understanding of why they are participating in our Course Program? As the group leader, will you communicate your purpose and goals for this experience with your group before arriving at YMCA Camp Kresge? Experience shows that groups benefit more from the experience when they know what to expect ahead of time.





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## **2. Readiness and Stage:**

Is it a recently formed group, or has it been together for some time already? Does each person know every other person in the group?

If participating in our Low Ropes/Team Building course, will you break the group into smaller groups (if larger than 15) or do you want us to do that?

What are some previous activities the participants have done as a group?

## **3. Affect and Behavior:**

What is their comfort level with one another?

What is the general mood of the group and observed behavior when they are together?

How are conflicts handled by this group?

Is there a social contract (such as the Full Value Contract) already in place that guides their behavior toward one another?

Are there any individuals who have a strong influence on the group? What does that look like?

## **4. Body:**

What is the level of their ability to focus? What is their level of activity and physical fitness?

Are there any medications or special needs that may affect the program?

## **5. Setting:**

Will you have a chance to talk to participants regarding what to bring and wear (sturdy shoes, rain gear, warm layering clothes)?

