

WBY Pool Schedule

September 3 - September 22

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30							
7:00	Lap Swim (6 Lanes) 5:30-8:15	Lap Swim (6 Lanes) 5:30-9:30	Lap Swim (6 Lanes) 5:30-8:15	Lap Swim (6 Lanes) 5:30-9:30	Lap Swim (6 Lanes) 5:30-8:15	Lap Swim (6 Lanes)	
7:15							
7:30							
7:45							
8:00							
8:15	Lap Swim (3 lanes)		Lap Swim (3 lanes)		Lap Swim (3 lanes)	Lap Swim (3 lanes) Swim Lessons (3 lanes)	Lap Swim (3 lanes) Family Swim (3 lanes)
8:30	Water Exercise 8:15-9:00 (3 lanes)		Water Exercise 8:15-9:00 (3 lanes)		Water Exercise 8:15-9:00 (3 lanes)		
8:45							
9:00							
9:15							
9:30							
9:45							
10:00		Lap Swim (3 lanes)	Lap Swim (3 lanes)	Lap Swim (3 lanes)	Lap Swim (3 lanes)		
10:15		YMCA Pre-School Swim (3 lanes)	YMCA Pre-School Swim (3 lanes)	YMCA Pre-School Swim (3 lanes)	YMCA Pre-School Swim (3 lanes)		
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00							
12:15							
12:30	Lap Swim (3 lanes)	Lap Swim (3 lanes)	Lap Swim (3 lanes)	Lap Swim (3 lanes)	Lap Swim (3 lanes)	Lap Swim (3 lanes) Birthday Swim (3 lanes)	Lap Swim (3 lanes) Birthday Swim (3 lanes)
12:45	Family Swim (3 lanes)	Family Swim (3 lanes)	Family Swim (3 lanes)	Family Swim (3 lanes)	Family Swim (3 lanes)		
1:00							
1:15							
1:30							
1:45							
2:00							
2:15							
2:30			Lap Swim (3 lanes)				
2:45			Water Exercise* 2:30-3:15 (3 lanes)				
3:00							
3:15							
3:30							
3:45							
4:00						Pool Closes 4:00	
4:15							
4:30	Lap Swim (3 lanes)	Lap Swim (3 lanes)	Lap Swim (3 lanes)		Lap Swim (3 lanes)		
4:45	Water Exercise* 4:30-5:15 (3 lanes)	Swim Lessons 4:00-7:00 (3 lanes)	Family Swim (3 lanes)		Water Exercise* 4:30-5:15 (3 lanes)		
5:00							
5:15							
5:30				Lap Swim (3 lanes)			
5:45				Swim Lessons 5:00-7:00			
6:00							

6:15			Stroke Clinic (3 lanes)			
6:30						
6:45	Lap Swim (3 lanes)		Lap Swim (3 lanes)		Lap Swim (3 lanes)	
7:00	Stroke Clinic (3 lanes)		Stroke Clinic (3 lanes)		Family Swim (3 lanes)	
7:15		Lap Swim (6 lanes)		Lap Swim (6 lanes)		
7:30						
7:45						
8:00						
8:15						
8:30	Pool Closes 8:30					

Class Descriptions

Lap Swim: Open to all members and their guests for back-and-forth swim. Lane-etiquette applies and members may be asked to share a lane or circle swim. Kick boards and pull bouys available for daily use. Three lanes available at all times pool is open.

Birthday Party Swim: Open to members and non-members; reservation required. Three lanes of pool are reserved for children and adults celebrating a special event. Wibit inflatable is set up.

Family Swim: Open to all members and their guests. Three lanes of pool are divided into three sections for varying levels of swim proficiency; swimmers may be asked to take a swim test to determine. Pool noodles, aqua weights, pool belts, and small flotation devices are available for daily use.

Swim Lessons: Open to all members and non-members; previous sign up required. Students of all ages and stages learn to swim in a cooperative environment that promotes water safety and confidence. See website for information on registration.

Stroke Clinic: Open to all members and non-members; previous sign up required. Session 1 open to new swimmers with 0-2 years team experience. Session 2 open to swimmers with 3+ years of competitive team experience. See website for information on registration. *ONLY UNTIL SEPTEMBER 18th.*

Water Exercise: Open to all members and their guests. Instructor-led water aerobics classes for all levels.
*Open to non-members 50 years and older for no charge.