

YMCA Camp Kresge's CAMP GOALS AND OBJECTIVES

YMCA Camp Kresge operates under 4 guiding core values that we work to impart on our campers during their time at camp. These values are:

- *Caring* - To love others, to be sensitive to the well-being of others, and to help others – includes compassion, forgiveness, generosity, and mercy.
- *Honesty* -Telling the truth, earning other's trust, having integrity, and making sure your choices match your values. - includes trustworthiness and fairness.
- *Respect* -Treating others as you would have them treat you and valuing the worth of every person, including yourself. – includes acceptance, empathy, self-respect and tolerance.
- *Responsibility* - Doing what is right, what you ought to do, and being accountable for your behavior, actions and obligations – includes commitment, determination, self-discipline, cleanliness, and helpfulness.

Through these values, we hope campers leave us with skills that will help them develop into positive citizens in their communities. Below we have listed our goals for your camper, and the activities we provide to help them learn and practice these skills.

- **Develop self-confidence and self-respect.**
 - Skill based activities – archery, arts & crafts, swimming, climbing and more
 - Recognition of abilities and encouragement by peers and adults
- **Grow as responsible family members and citizens of their community.**
 - Daily setting and cleaning up the dining hall
 - Camp & Cabin Clean Up
 - Morning Inspiration, Afternoon Huddle and Cabin Chats
 - Responsibility for what they bring to camp
- **Recognize the worth and contribution of all people.**
 - Campers from a variety of backgrounds
 - Provide a responsible venue for campers to explore, ask questions, and celebrate each other's similarities and differences.
- **Develop capacities for leadership.**
 - Cabin chat- campers can share and problem solve about their day
 - Teambuilding and problem solving activities – group games and low ropes
- **Appreciate and take responsibility for mental and physical health.**
 - Encouragement of personal cleanliness
 - Physical activity throughout the day
 - Positive role models trained to encourage and provide a good example in all aspects of life.
- **Develop large muscle skills and hand-eye coordination.**
 - Large muscle: sports, swimming, hiking, climbing, boating and more
 - Hand-eye: archery, riflery, frisbee, crafts
- **Develop awareness of self in relationship to nature and the world.**
 - Outdoor programming including nature, boating, hiking, salamander hunting, & fishing
 - International Campers and Counselors sharing their culture throughout the session
- **Develop confidence in experiences away from home.**
 - Provide caring, supportive and trained staff throughout the camp session.
 - Welcome all campers into the community, and the Kresge Tradition.